

Spring Regatta for J24s and Squib Classes 27th-28th April 2019

SAILING INSTRUCTIONS

Organising Authority: Royal Dart Yacht Club, Kingswear, Devon.
Sponsor: Premier Noss on Dart Marina

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020.
- 1.2. The RYA Racing Charter is to be observed.
- 1.3. The rules of the J24 and Squib classes will apply.
- 1.4. J24 rule C2.1(b) is changed as follows:
A crew nominated or listed for this event may be different for different days only if scheduled in advance at registration. Emergency changes may be made only with written permission of the race committee.
- 1.5. Part 4 preamble is changed [see SI 4.3].
Racing rule 32.2 is changed [see SI 8.3].
Appendix A4 is changed [see SI 10.3].
Racing rules 44.1 is changed. [see SI 13.1].
Racing rule 35 and Appendix A4 are changed [see SI 14.3].
Racing rules 61.3 and 62.2 are changed. [see SI 15.2].
Racing rule 60.1 is changed. [see SI 15.6].
Racing rule 66 is changed [see SI 15.7].
Race Signals is changed [see SI 4.2]
NOR 4.3 is changed [see SI 5.4]

2. NOTICES TO COMPETITOR

- 2.1. Notices to competitors will be posted on the official notice board located in the Cadet Room RDYC.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the signal mast RDYC.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 90 minutes' in the RRS Race Signals AP entry.
- 4.3. When flag Y is displayed ashore, rule 40.1 applies at all times while afloat. This changes the Part 4 preamble.

5. SCHEDULE OF RACES

- 5.1. 27th April 4 Races.
28th April 2 Races.
One extra race per day may be sailed.
- 5.2. The scheduled time of the warning signal for the first race on Saturday 27th April 2019 is 1055.
On Sunday 28th April 2019 the first warning signal will be at 0955.
- 5.3. When there has been a long postponement and when more than one race (or sequence or races, will be held on the same day, the warning signal for the first race and each succeeding race will be made as soon as practicable. To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound for at least four minutes before a warning signal is displayed.
- 5.4. On the last day of the regatta no warning signal will be made after 1200. This changes NOR 4.3.

6. CLASSES / STARTING SEQUENCE

- 6.1. J24s will race as a class under their class flag.
- 6.2. Squibs will race as a class under NN9.
- 6.3. Starting Sequence (first race of the day)

Class	Class Flag
J24	J24
Squib	NN9

- 6.4. For the second and subsequent races of the day, the starting order and timing will be advised by VHF.

7. RACING AREAS

- 7.1. Racing will take place in Start Bay.

8. THE COURSES

- 8.1. The diagram in Attachment A show the course, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg, the course and number of laps to be sailed.
- 8.3. Courses may be shortened; Rule 32.2 is changed to allow the Committee boat to signal a shortened course before the first boat reaches the leeward mark, and boats should then sail to the finish mark after rounding that mark. This changes rule 32. It will also be announced over VHF.

9. MARKS

- 9.1. The following marks will be used:
- | | |
|---------------------|-----------------------|
| J1 | Black dumpy 1.8 |
| S1 | Orange dumpy 1.8m |
| 2 | Orange dumpy 1.8m |
| 3 | Orange dumpy 1.8m |
| Port end Start Mark | Bravo mast |
| Finish Mark | Blue 1.3m tetrahedral |
- The Committee boat will be OPUS [a 9.8m Catamaran].

10. THE START

- 10.1. Races will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.
- 10.2. The starting line will be between a staff displaying an orange flag on the Committee Boat at the starboard end and the mast displaying an Orange Flag on Bravo, a Motor launch.
- 10.3. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

11. CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

12. THE FINISH

- 12.1. The finishing line is between the committee boat at the starboard end and the finishing mark at the port end,

13. PENALTY SYSTEM

- 13.1. Rules 44.1 is changed so that only one turn, including one tack and one gybe, is required.

14. TIME LIMITS

- 14.1. If no boat has passed Mark 1 within the 30 minutes of their start the race will be abandoned.
- 14.2. If no boat has finished within 90 minutes of their start the race will be abandoned.
- 14.3. Boats failing to finish within 30 mins after the first boat in their class sails the course and finishes will be scored Did Not Finish. This changes rules 35 and A4.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- 15.2. The protest time limit is 2 hours after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.

- 15.3. Notices will be posted within 30 mins of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located at RDYC, as soon as possible after completion of the last race.
- 15.4. Notices of protests by the race committee will be posted to inform boats under rule 61.1(b).
- 15.5. A list of boats that, under instruction 14.3, have acknowledged breaking rule 42 or have been disqualified by the protest committee will be posted before the protest time limit.
- 15.6. Breaches of instructions 17, 21, 22, 23 and 24 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 15.7. On the last day of the regatta a request for reopening a hearing shall be delivered:
 - (a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - (b) no later than 30 mins after the party requesting reopening was informed of the decision on that day.This changes rule 66.

16. SCORING

- 16.1. The Low Point scoring system of Appendix A of RRS will apply.
- 16.2. 3 races are required to be completed to constitute a series.
- 16.3. (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 4 to 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17. SAFETY REGULATIONS

- 17.1. A boat that retires from a race shall notify the race committee as soon as possible.

18. REPLACEMENT OF CREW OR EQUIPMENT

- 18.1. Substitution of competitors will not be allowed without prior written approval of the ^[1]_{SEP} race committee.
- 18.2. Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19. EQUIPMENT AND MEASUREMENT CHECKS

- 19.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

20. OFFICIAL BOATS

- 20.1. Official boats will be marked with an orange flag.

21. SUPPORT BOATS

- 21.1. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment.

22. HAUL-OUT RESTRICTIONS

- 22.1. Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

23. DIVING EQUIPMENT AND PLASTIC POOLS

- 23.1. Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keel boats between the preparatory signal of the first race and the end of the regatta.

24. RADIO COMMUNICATION

- 24.1. A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. Race Instructions and possibly commentary may be made on VHF channel 37. Boats are recommended to monitor this channel at all times. Failure to receive these communications on VHF will not be grounds for redress. This restriction also applies to mobile telephones.

25. PRIZES

- 25.1. Prizes will be given.

26. Risk Statement

All crew shall read this statement.

Rule 4 of the Racing Rules of Sailing states:

“The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event each competitor acknowledges that:

- a. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event:
- b. They are responsible for the safety of themselves, their crew, their boat and other property when afloat or ashore:
- c. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions:
- d. Their boat is in good order, equipped to sail in the event and they are fit to participate:
- e. The provision of a race management team and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
- f. Patrol boats and safety boats are not provided.

g. It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to read the Safety Briefing in the Sailing Instructions.

h. For offshore races they are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather: that there is crew sufficient in number, experience and fitness to withstand such weather: and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

27. **INSURANCE**

27.1. Each participating boat shall be insured with valid third-party liability of £3m.

Attachment A: The Course

J24s

Start, then J1 to port, 3 to port for the number of laps indicated then to finish, having rounded 3 to port.

Squibs

Start then

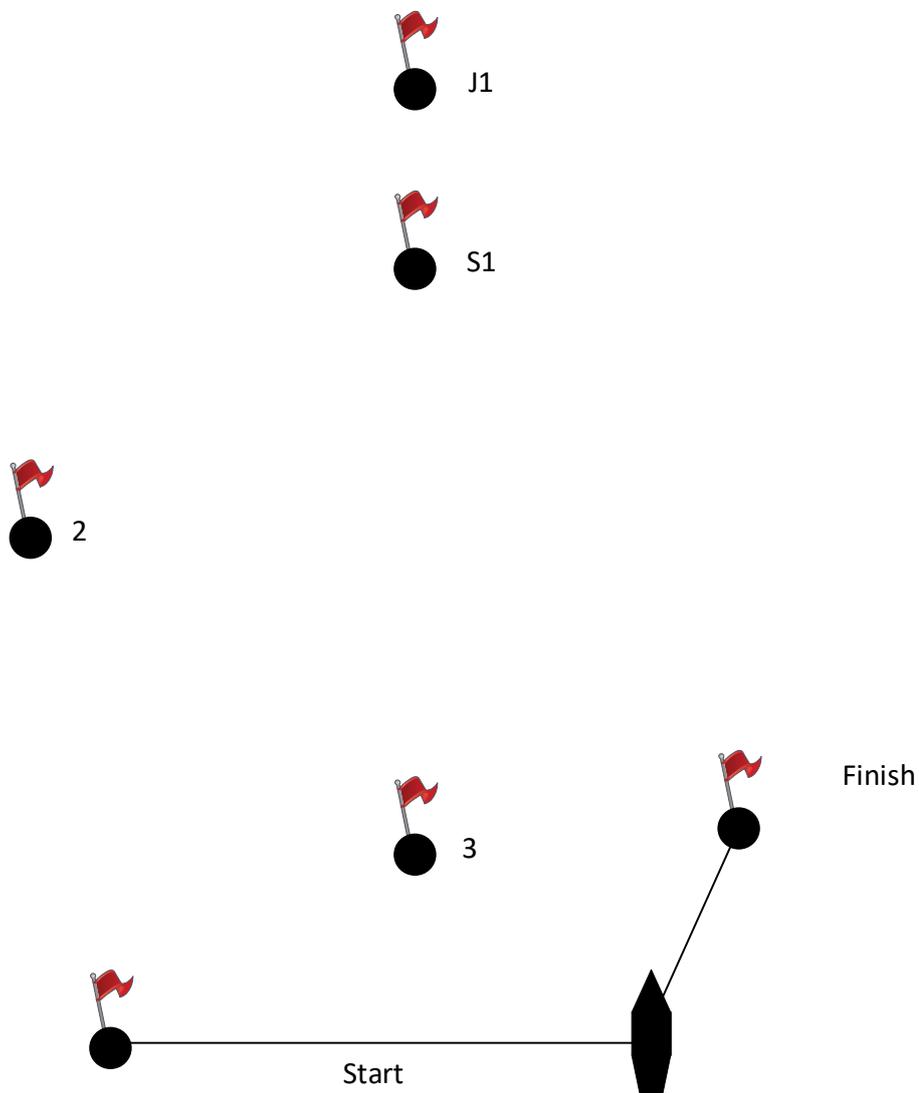
Lap 1: S1 to port, 2 to port, 3 to port.

Lap 2: S1 to port, 3 to port.

Lap 3: as Lap 1

Lap 4: as Lap 2

Finish on finish line after designated number of laps having rounded 3 to port.



Safety Briefing

- a) Competitors are reminded that rescue boats are not provided, therefore it is a condition of racing that all yachts shall carry a VHF radio and a means of returning to the river (i.e. an engine or support boat).
- b) It is the responsibility of each yacht to ensure that crew are able to use key safety equipment (e.g. the VHF radio).
- c) In the first instance, a yacht shall try to rectify a minor safety incident itself, without recourse to external help.
- d) If the safety incident cannot be rectified immediately by the yacht itself, **and always in the event of a man overboard**, the yacht shall call for help, e.g. by radio Channel 37a.
- e) All competitors are bound to render assistance on receipt of such a call.
- f) If the victim yacht decides that help from another yacht is unlikely to rectify the situation, or help is not forthcoming, then the yacht shall escalate the situation by calling the Coastguard on Channel 16. A MAYDAY should be used if there is imminent danger to life. A Pan-Pan (urgency) call is appropriate to inform the coastguard of the problem and what you are doing about it, and will speed the response if you later issue a MAYDAY.
In the event of a serious injury, it is strongly recommended that the Coastguard is called so that medical help can be coordinated as swiftly as possible.
- g) The Race Officer will attempt to coordinate rescue by competing yachts. This is restricted to making the closest yachts aware of the incident on Channel 37a.
- h) Normally, the Committee Boat will continue to run the race. Redress will be given to any competitors involved in a rescue. In the event of a major incident, the race should be abandoned.
- i) In an emergency, unless instructed otherwise, the best access to the shore/ambulance is the inner visitors' pontoon at Darthaven. The Harbour Master has a reserved space here which is kept vacant. As an alternative, the Town Jetty can be used. DHNA river officers are on duty and can be contacted on Channel 11 to help with berthing.